

BONE NOURISHMENT IN HIV INFECTED ON HAART PATIENTS- EXPERIENCE IN TERTIARY CARE HOSPITAL

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ABSTRACT

Increased life-expectancy and the need for long-term antiretroviral therapy have brought new challenges to the clinical management of HIV-infected individuals. While the prevalence of osteoporosis and fractures is probably increased in HIV-infected patients, optimal strategies for risk assessment and treatment in this relatively young population are yet to be defined. Prevention of bone loss is likely to become an important component of HIV care as the HIV-infected patient population grows older. In this article, we present an overview of the prevalence of bone nourishment in individuals with HIV.

KEYWORDS: HIV, ARVs, HAART, Osteonecrosis, NRTIs, NNRTI's